



Home Church Herald

“...To the church in thy house:” Philemon 1:2 “Behold, how good and how pleasant it is for brethren to dwell together in unity!” Psalms 133:1

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God’s Call For You

by Elyssa Sims

God has a special calling for each and every person and I would like to talk about three of those callings.

First Calling -Called to be Saved

Firstly, it is not the Lord's will that any one should die, but that all should come to repentance (2 Peter 3:9). God has made a way to save us, to rescue us from sin. He calls and invites us to receive His gift of salvation, the priceless gift of love He offers to us. He says “Come unto me, all ye that labour and are heavy laden, and I will give you rest” (Matthew 11:28). He calls us, who are weary with sin, who are in need of a Savior. Are you and I willing to answer this call and come unto Him?

Second Calling - Called to be Lights

For so hath the Lord commanded us, saying, I have set thee to be a light of the Gentiles, that thou shouldest be for salvation unto the ends of the earth (Acts 13:47).

We are to be light bearers whatever our occupation; ones who will fill the world with the light, peace, and joy that comes from Christ. We do not have to be somewhere in particular, or be some special person doing some great thing, but God wants to use us *wherever we are*, and in the simple duties of everyday life to share Jesus with someone. Trials that are patiently borne, blessings that are gratefully received, meekness, kindness, mercy, and love, habitually exhibited, are some of the lights that shine forth in the character before the world.



Arise, shine; for thy light is come, and the glory of the LORD is risen upon thee. For, behold, the darkness shall cover the earth, and gross darkness the people: but the LORD shall arise upon thee, and his glory shall be seen upon thee. And the Gentiles shall come to thy light, and kings to the brightness of thy rising (Isaiah 60:1-3).

Continued on page 3

You will find in this issue:

God’s Call For You	P. 1
Educated for Heaven	P. 2
Announcements	P. 2
Waldensian Center Update	P. 3
Newsletter Name	P. 3
Health Corner - Chlorophyll	P. 4
Serving In The Lord’s Army	P. 5
In God’s Hands	P. 7
Just Surrender	P. 8
Deceived By The Truth	P. 8

Educated For Heaven

by David Sims

When two people “fall” in love, a change takes place. They get a heart transplant, it seems. Suddenly they are able to climb the highest mountain, swim the deepest ocean, or fly to the moon to please their lover. A new heart gives them energy they did not know they had, and an interest they did not know existed. A change in actions is the sure result of a change in heart.

In our Christian walk, we hear a great deal about the necessity of a new heart. It is promised us in several places in the Bible. It is also implied that a change in outward actions will follow such a new heart. This is necessary and true.

But “love” is not all that is necessary for a happy, lasting relationship. There must be an education of minds. A husband may take his new bride to a football game thinking he is demonstrating his great love for her, but she may be bored to death, or even despise football. His heart was right, but the actions were wrong.

In heaven there will be right hearts, but there will also be right actions. No one will mistakenly do the wrong things, thinking they are doing right. I recently attended a church where the people sang about holiness to a hard rock rhythm, while the song leader swung her hips to the beat. Their hearts in some cases were right, but the music and actions were more befitting of a night club than a church service.

In heaven there will be no opportunity for mistakes to be made, for that would perpetuate sin in heaven. Will God miraculously change our entire brain to make us all know and understand all that we need to know? That is not what I have found in Scripture. Teaching us the truth is something God wants to do for us here through a process of education, and it requires our cooperation.

But we are bound to give thanks always to God for you, brethren beloved of the Lord, because God hath from the beginning chosen you to salvation through sanctification of the Spirit and belief of the truth (2Thessalonians 2:13):

Scripture also tells us that some will be lost because they receive strong delusion and fail to receive the love of the truth.

And with all deceivableness of unrighteousness in them that perish; because they received not the love of the truth, that they might be saved. And for this cause God shall send them strong delusion, that they should believe a lie: That they all might be damned who believed not the truth, but had pleasure in unrighteousness (2Thessalonias 2:10-12).

Verse thirteen (above) says “through sanctification of the Spirit and belief of the truth.” What does this mean? It means that our spirit is molded after God's Spirit by our association with God's thoughts - His mind - revealed in His word. We are reminded that it is through the “great and precious promises” of God that we partake of His nature. That is a process of education, and should continue throughout our lifetime.~

Announcements!

Live Church Services!

You are invited to attend our teleconference worship services. We have two weekly services. They are on Friday 5 p.m. PST, and the other is Sabbath at 11 am PST. These times are posted in six different global time zones on our website, as well as the information on how to participate. For your convenience the information is printed here as well. Call 218-936-7999 and follow directions to enter the access code, which is 755896 ~

Courtship, Marriage and Family Seminar - “Jesus and You and Me”

If you have missed any of these meetings and would like to listen to a recording you may find them at www.7thdayhomechurchfellowships.com under Audio Recordings or under “Courtship, Marriage and Family”.~

God's Call For You

Continued from page 1

Third Calling - Called to be Foreign Missionaries

Although God calls all of us to shine for Him and be missionaries in the home and wherever we may be, He has another call for some of us and this commission is found in Mark 16:15- it is the third calling. "And he said unto them, Go ye into all the world, and preach the gospel to every creature."

God needs people who are willing to be missionaries, to go where He leads and do what He asks. He says:

The harvest truly is plenteous, but the labourers are few (Matthew 9:37);

To those called with this calling He says:

Put ye in the sickle, for the harvest is ripe: come, get you down; for the press is full, the fats overflow; for their wickedness is great. Multitudes, multitudes in the valley of decision: for the day of the LORD is near in the valley of decision (Joel 3:13-14).

Robert Moffat was a missionary to South Africa for over fifty years. Once, when speaking in England to a congregation of interested listeners, he stated, "I have sometimes seen, in the morning sun, the smoke of a thousand villages where no missionary has ever been." There are thousands of people perishing every day without Christ. There are thousands who are in the valley of decision who need the Lord.

Time is precious. The destiny of souls is in the balance. God is holding back His judgments, waiting for the message to be sounded to all. There are many who have not yet heard the testing message of truth for this time. The last call of mercy is to be proclaimed throughout the earth. Heavenly angels have long been waiting for human agents . . . to cooperate with them in the great work to be done. *They are waiting for you* (In Heavenly Places 314).

Time is short, and there is much work to do. God doesn't call you because you are perfect, or because you are greatly talented, or because you are high on the human pedestal. Instead, God needs *humble people*; people who see their dependence upon God and the great love that He has for them and are willing to give their all to Him.

Do you feel God impressing you to serve Him, to be a missionary; to go where He calls, and do what He bids? Today there is the smoke of a thousand towns and villages where the last call of mercy has not been heard. God is calling "Whom can I send? Who is willing to work for me?" Is God calling you? Are you willing to say: "Here am I Lord, send me?" ~

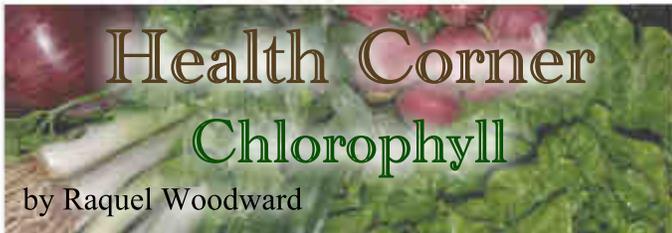
Waldensian Center Update

Seventh Day Home Church Fellowships is considering locating Waldensian Center in a place outside the United States, where people of other countries can more freely attend. This could possibly include various industries, including health food manufacture and processing, health food restaurants, schools for the locals, an orphanage, natural remedies sanitariums, a mission boat/launch, or whatever other mission enterprises the Lord opens the way for.

If God is working upon your heart and you believe there may be some way that you could help, don't hesitate to contact us through one of the ways mentioned on the back of this newsletter.~

Newsletter Name

Just a note to say thank you to each one of you who sent ideas for a name. We appreciate each one of them and although we may not have chosen your name, you all worked to give us ideas and we are grateful! We have tried to keep in mind the mission of the newsletter and its purpose, so we chose "Home Church Herald". If you look up the meaning of herald in the dictionary, perhaps you will understand why we chose it. We hope you like our new name, and thank you again for your help! ~



Having quality blood and optimal circulation is crucial in order to be healthy. “For the life of the flesh is in the blood” Leviticus 17:11. Not all blood transports oxygen, nutrients, and waste as it should. Not all blood fights infection, or even has the proper white blood cells or antibodies. There are ways we can improve the quality of our blood, using a healthy diet along with plenty of exercise and fresh air. But just what constitutes a diet that will especially cleanse and revitalize the blood?

Most people know that chlorophyll is found in green plants and is good to use for an extra boost of energy. But many people don't know that chlorophyll, because of its antiseptic properties, was used to dress wounds during WWI and even during the Civil War. Chlorophyll inhibits the growth of bacteria and is effective when used to prevent and treat a variety of infections. As is true with any raw food, chlorophyll is very cleansing and will deodorize the bowels. But how does it directly affect the health of blood?

Just as human blood has a red pigment that is called hemoglobin, plants have a green pigment that is found in chlorophyll. What is so interesting and amazing is that a chlorophyll molecule is very similar to a hemoglobin molecule, and I believe this is the key as to why chlorophyll works the way it does in the body. Hemoglobin is structured with an atom of iron as a centerpiece, and with carbon, hydrogen, oxygen, and nitrogen atoms grouped around it. The chlorophyll molecule differs only in its centerpiece atom, which is magnesium instead of iron. Understanding this, we can more fully appreciate God's work. His signature is present everywhere in nature and we can see it when observing the similarities between hemoglobin and chlorophyll molecules. There is certainly a wise purpose for everything that God has made.

When researchers studied chlorophyll as it passed through the digestive system, they found that the breakdown products of the chlorophyll molecule bore an even closer resemblance to one of the fragments of the hemoglobin, which is called hemein. It was also found that it directly stimulated the formation of red

blood cells and white cells in the bone marrow! Some researchers claim that chlorophyll is able to release magnesium, its center atom, and absorb iron, causing it to become hemoglobin.* Because of this property, chlorophyll is used to treat various types of blood diseases, including AIDS.

It is proven that cancer cannot thrive in an oxygen rich environment ** and chlorophyll increases oxygen levels throughout the body. Chlorophyll also assists in preventing cancer in a different way. There is currently research underway regarding its ability to prevent mutations in the cell by reducing the error formation in DNA. In an environment polluted with harmful chemicals, it is almost impossible to avoid exposure to carcinogens. Chlorophyll helps the body cleanse itself from these toxins, including heavy metals. Chlorophyll has also been found to reduce carcinogens binding to DNA, ultimately reducing the incidence of cellular mutation and the onset of cancer.***

Tumors can also be reduced significantly by the use of chlorophyll, due to its ability to reduce metastasis.**** Chlorophyll takes a role in controlling the enzymes that are involved in mitosis. It chemically slows down the rapid cell division, giving the cell a chance to repair itself, thus reducing not only the growth of tumors, but also the chances of tumor cells migrating to a new tissue.

After sin entered the world, God commanded us to “eat the herb of the field” for a reason. God foresaw our need and graciously made provision.~

* The 1915 Nobel Prize was awarded for discovery of Chlorophyll to Dr. Richard Willstatter of Germany. Willstatter was also able to replace the magnesium chlorophyll-derivative with an iron molecule, thereby suggesting that perhaps chlorophyll might be a biological forerunner of hemein. He also suggested that chlorophyll might be useful for people suffering from nutritional anemia.

** Otto H. Warburg, The Prime Cause and Prevention of Cancer accessed October 30, 2007 (can be found at this site: <http://healingtools.tripod.com/primecause1.html/>)

*** Breinholt, V., Hendricks, J., Pereira, C., Arbogast, D., and Bailey, G., 1995, Dietary Chlorophyllin is a Potent inhibitor of Aflatoxin B Hepatocarcinogenesis in Rainbow Trout, J. Cancer Research, 55, 57-62

**** Sato, M., Imai, K., Kimura, R., and Murata, T., 1984, Effect of sodium copper chlorophyllin on lipid peroxidation. VI Effects of its administration on mitochondrial and microsomal lipid peroxidation in rat liver, Chem. Pharm. Bull., 32, 712-722



Plants and Corner Stones - Youth's Corner

"That our sons may be as plants grown up in their youth; that our daughters may be as corner stones, polished after the similitude of a palace." Psalms 144:12

Serving in the Lord's Army

by Jennifer Corklin

Probably many of you have grown up singing the song "I'm in the Lord's Army" in Sabbath school, or have at least heard of it.

I may never march in the infantry, ride in the cavalry, shoot the artillery

I may never fight off the enemy, but I'm in the Lord's army

And so the song goes. Kids seem to love the idea of being in the Lord's army, but once they get a little older and become young adults, the intrigue of being in the Lord's army seems to lessen a little. Some become disgruntled soldiers, some are ashamed to admit they're even enlisted, while others drop out of the ranks altogether. Still others become poor excuses for soldiers, giving God's army a not-too-appealing reputation.

The military has always been known for its high standards of appearance, discipline, responsibility, toughness, and most importantly, loyalty. Recruits are trained to obey without reply. The military is made up of those who are willing to die for their country, for their commander. They give all. It's no wonder then, that the Bible compares Christians to soldiers. In almost any facet of the military, you can find lessons to apply to what God's soldiers should be like. God's military has the best standards of all, the best purposes to fight, the best resources, the best country, and certainly the best Commander-in-Chief. Therefore it makes sense that God's army should be made up of the best of the best, the toughest, the most committed soldiers of all. So why isn't it so? Why do so many young people fall short of being a valiant soldier for Christ?



If we take a look at the general picture of what makes a good soldier, we will find lessons on what it takes to be a good soldier in God's army. Firstly: *"Those who stand under the blood-stained banner of Prince Immanuel should be faithful soldiers in Christ's army. They should never be disloyal, never be untrue. Many of the young will volunteer to stand with Jesus, the Prince of life. But if they would continue to stand with Him they must constantly look unto Jesus, their Captain, for His orders. They cannot be soldiers of Christ, and yet engage with the confederacy of Satan, and help on his side, for then they would be enemies of Christ. They would betray sacred trusts"* (Messages to Young People 138).

Good soldiers always try to portray their country in the best light. You will see them doing all kinds of nice things to win the trust of the people and make them think more highly of their cause. The recruiters do all in their power to make the service look like the most appealing and best option for someone's life. Are we as God's soldiers doing the same for His Army? Do we try to recruit soldiers as eagerly as the world tries to recruit for its armies?

The military has always been concerned with its image. Soldiers must always do everything to perfection. From their haircuts to their polished dress shoes, everything is crisp and trim and fitted perfectly. No slack is allowed. Are we as soldiers in God's army as particular about the image we portray? We should be just as concerned with neatness of appearance and practicality of dress as if we truly did belong to a literal army.

You have to be disciplined in order to be in an army. If you aren't, you won't get past boot camp. Responsibility and ability to be counted on are essential characteristics. If you can't get up on time,

Continued on page 6

Serving in the Lord's Army

Continued from page 5

and if you can't get work done in a timely manner, you have no place in the army. Our standards should be no less stringent. It says nothing to the enemy when they see our soldiers unfit, undisciplined, careless, and therefore unable to fight and win.

The Lord designs that the mind of the youthful Christian should be trained and developed, that the young soldier may be capable of the highest effort; but this can be done only as you cooperate with the heavenly intelligences, appropriating to yourself every opportunity and privilege for your training and culture. The Lord desires that you should be faithful in little things, that you do the everyday duties which appear small and unimportant, thoroughly, and to the best of your ability. You are in danger the moment you are satisfied in doing carelessly the work committed to your hands. Remember that what is worth doing at all, is worth doing well. Satan is ever near to tempt him who would be a worker for God, suggesting to him that it will matter little if the work is slighted, for no one will know that it has been done negligently. Let none of you be deceived with this suggestion; for you will know yourself that you have not done your duty, and will lose respect for yourself, and confidence in yourself. You will know that you are not doing your best for God, and you will realize that God understands all your neglect. Do not be slack; for the habit will grow upon you, and be made manifest not only in your outward affairs, but in your spiritual life (The Youth's Instructor, September 29, 1892).

Soldiers are tough. They deal with the worst in life and have to live under difficult conditions. Little hurts and discomforts pale in comparison to the realization that they're lucky to be alive. But how often God's soldiers whine and complain, not realizing all God's benefits, and that life itself is a great blessing to them too. Paul told Timothy, "Thou therefore endure hardness as a good soldier of Christ" (2 Timothy 2:3). If you've enlisted in

God's army, act like it. Toughen up and start fighting. The sooner the war is won the sooner we'll all get to go home.

It is time that men and women have some true idea of what is expected of a true soldier of the cross of Jesus. Those who serve under the bloodstained banner of the Prince Emmanuel are expected to do difficult work which will tax every power God has given them... But if they are faithful soldiers they will say with Paul, "Our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory..." (2 Corinthians 4:17, 18) (14 Manuscript Releases Vol. 14 p.28)

Help keep morale high—the war is almost over! Be brave and of good courage! We have no reason to be down and discouraged because nothing is impossible in God's army and under His generalship. The war is certain to be won and soon. We are admonished in 1 Timothy 6:12, "Fight the good fight of faith, lay hold on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses."

The President of the United States awards acts of extreme heroism with the Congressional Medal of Honor. But God offers his soldiers a much greater reward—a golden crown to wear throughout all eternity. What a medal of true honor it would be to receive a star in your crown for a fellow soldier's life, for whom you devoted and gave your life to save! How infinitely better than anything this world has to offer!

God wants you to be in His army. He's trying to recruit you. Will you join His ranks? Will you not just be a soldier, but a *good* soldier for Christ? Will you be brave and satisfy the world's greatest need, and stand up to the call of duty?

The greatest want of the world is the want of men - men who will not be bought or sold; men who in their inmost souls are true and honest; men who do not fear to call sin by its right name; men whose conscience is as true to duty as the needle to the pole; men who will stand for the right though the heavens fall (Education, p. 57). ~

In God's Hands

by Elyssa Sims

The faith, courage, and strength we admire in those who fearlessly stood up for truth and for God in days gone by; the love, the joy, and the peace these men and women had when faced with dungeons, the cruelest torture, and death can sometimes make you wonder, *Could I be so strong? Could I face the things they faced?* In these days of uncertainty, as we look around us and behold things happening faster than we've ever seen them happen before, does your heart sometimes fail you with fear? Do you sometimes wonder, "What will I eat? What will I drink? How will I endure?"

When we give God our hearts; when we surrender our lives, our will, our all to Him; when we abide in the will of God and live up to all the light we have, we can be assured that all the promises in God's Word are for us.

"But the salvation of the righteous is of the LORD: he is their strength in the time of trouble. And the LORD shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him." "Bread shall be given him; his waters shall be sure." "I will never leave thee, nor forsake thee." "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness." "The angel of the LORD encampeth round about them that fear him, and delivereth them." (Psalms 37:39-40; Isaiah 33:16; Hebrews 13:5; Isaiah 41:10; Psalms 34:7)

There is told a story of a man who had a dream in which he was walking along the beach with the Lord. Scenes from his life flashed across the sky, and for each scene he noticed two sets of footprints in the sand. One belonged to him and the other to the Lord. As he looked back, he noticed that many

times there was only one set of footprints, and he also noticed that they happened to be at the very lowest, saddest, and most troublesome times of his life. It bothered him, and he said to the Lord, "You promised that you would walk with me all the way. I don't understand why when I needed you most you would leave me." The Lord replied, "My precious, precious child, I love you and I would never leave you! During your times of trial and suffering when you see only one set of footprints, it was then that I carried you."



And even to your old age I am he; and even to hoar hairs will I carry you: I have made, and I will bear; even I will carry, and will deliver you (Isaiah 46:4).

In times of trial, in times of suffering, in times of weariness, in times of sadness, in times when your heart begins to tremble with fear, trust in the Lord. He will be with you. When it seems like it is too much for you to bear, He will carry you through. He will give you strength and courage. Remember that you are in the hands of God. He will hold you, protect you, and care for you. Though everyone may forsake you, He never will. Rest in the hands of God. And the only way to truly do that is to trust Him.

Psalms 91, Psalms 27, and many other passages contain beautiful promises. When I think of the troublesome times we are facing, sometimes it can be frightening. But then I think, *As long as I am God's and I do His will, I'm in His hands and nothing can harm me. Nothing will happen to me that God does not allow and what He allows He will give me strength to endure.* When I trust Him and trust my life and my all to Him, when I think of how much God loves me and how good He is, then what a sense of indescribable peace washes over me! Dear friend, will you trust God? Will you rest in His loving arms today and always?~

*Safe in the arms of Jesus,
safe on His gentle breast,
There by His love o'ershaded,
sweetly my soul shall rest.*
~ Fanny Crosby

Just Surrender

by Tara May

I ask God's permission when I make my plans~
No matter the type or the kind.
I claim that I kneel with an open heart
But I have a response in mind.

Prayer is a conversation.
God's choice of response is free.
So why in the depths of my heart do I think
He must only say "yes" to me?

"God didn't answer me when I prayed!"
"No care does He ever show!"
My false accusations~ I thought they were true~
But He really just said "no."

My own will; my own way;
My own heart's desire.
In my own judgment this is all I want
But self is a practiced liar.

So in my restless heart I say
"I'll open my own door!"
But with my earthbound eyes I can't
See what I'm fighting for.

Oh how my Father's heart does break
As He hears the things I say.
He cries as my "world" comes crashing down~
He knew it would end this way.

I sit alone and cry a while
As I wait for my Defender.
He picks me up and dries my tears
Then whispers, "Just surrender." ~

Think on These Things

DECEIVED BY THE TRUTH

by David Sims

Is it possible to be deceived by truth? There is nothing wrong with truth. The problem lies in having only partial truth. This can lead us to wrong conclusions and even lead us to believe something completely false.

When the Israelite spies returned from searching out Canaan, they told the truth about the great walled cities and the giants in the land, but stating these truths outside of the context of the great power of God and a reminder of the way God had led them in the past, resulted in Israel believing a lie and making a fatal decision.

Human nature is very prone to forget and not process thoughts with all of the appropriate data, and that is why it is important for God's messengers to clearly portray a balance in the messages they bear. Emphasis on a single aspect of a subject, without other aspects mentioned, can lead the listeners to wrong conclusions.

Let us be careful that we do not deceive ourselves or others by receiving or relating only half the story.~

Seventh Day Home Church Fellowships is an association of Sabbath-keeping groups. Through teleconferencing, it provides possibility for study, fellowship and jointly organizing missionary projects.

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